Contents lists available at ScienceDirect



Renewable and Sustainable Energy Reviews

journal homepage: www.elsevier.com/locate/rser



Combining bioenergy and nature conservation: An example in wetlands



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ARTICLE INFO

Keywords: Bioenergy Ethanol Floodplain meadow Methane Common reed Reed canary grass Wetland Sustainable development

ABSTRACT

Conservation and restoration are crucial to maintaining a wide range of functions and services in wetlands, but it is difficult to find a reasonable and resource-efficient management option without sacrificing ecological values. In the present paper, we analyse the variability and dynamics of the chemical composition and energy potential of biomass from reedbeds, floodplain meadows, coastal meadows and reed canary grass cultivation in extracted peatlands. We observed that the chemical characteristics that are crucial for bioenergy production vary by biomass origin and over time. The bioenergy potential depends on biomass production and on the conversion method. The results indicate that the energy potential ranges from 122 to 190 GJ/ha per year in semi-natural floodplain meadows in the boreal zone. About 160 GJ/ha per year can be obtained from natural reedbeds but only about 120 GJ/ha per year from cultivated extracted peatlands. Using methane conversion, we can obtain only about 50%, and using ethanol conversion we can obtain less than 20% of the total energy potential of the herbaceous biomass of floodplain meadows. Although long-term studies on homo- and heterogeneous biomass could contribute significantly to sustainable development.

1. Introduction

1.1. Description of wetlands

The Ramsar Convention defines wetlands as areas of marsh, fen, peatland or water, whether natural or artificial, permanent or temporary, with water that is static or flowing and either fresh, brackish or salt, including areas of marine water the depth of which at low tide does not exceed 6 m [1]. Wetlands include a broad range of various natural and artificial habitats with diverse species and plant communities, with and without a peat layer [2–7].

The main and most important peat-forming functional plant group with low productivity is the genus Sphagnum, which is distributed in northern, tropical and southern-hemisphere peatlands. The common reed (*Pragmites australis*) is a widely distributed (excepting Antarctica) grass species that grows in diverse wetland types [8–10]. The reed is a tall generalist that tolerates soils with diverse pH, salinity, fertility and textures and usually forms dense monospecific stands as reedbeds or reedswamps [6,7,10,11]. Another globally distributed common perennial herbaceous and clonal plant species is cattail (*Typha spp.*, family

Typhaceaea), which also forms dense stands in cattail marshes/swamps in natural wetlands [6,7,12-14]. Sedges (Carex spp.) and rushes (Juncus spp.) are also important and typical herbaceous plant genera in wetlands, where they usually take advantage of seasonal flooding, higher groundwater levels and the nutrient content of water [15–18]. Sedges can also form monospecific tall-sedge communities in sedge or wet meadows [6,7,16,19]. In wetlands (e.g., the freshwater tidal zone), the reed or tall-sedge belt is usually followed by reed canary grass (Phalaris arundinacea), a productive and dominative cool-season grass species in the boreal zone [7,20,21]. Such emergent plants make up the majority of wetland flora. In keeping with the focus of this study, these plant species can be separated into distinct groups. In grassland-production ecology studies (also herein), the plant species are often categorised into the following functional groups: grasses (monocotyledonous species of the family Poaceae), sedges and rushes (monocotyledonous species of the families Cyperaceae and Juncaceae), nitrogen-fixing legumes (dicotyledonous species of the family Fabaceae) and other dicotyledonous broad-leaf forbs [11,16-19].

https://doi.org/10.1016/j.rser.2019.05.028 Received 29 August 2018; Received in revised form 5 May 2019; Accepted 11 May 2019 Available online 18 May 2019

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I. Melts, et al.

Nomenclature		Kg	Kilogram
		Mg	Magnesium
С	Carbon	MJ	Megajoules, 10 ⁶ J
Ca	Calcium	m ³	Cubic mere
CH_4	Methane	Ν	Nitrogen
C_2H_5OH	Ethanol	Р	Phosphorus
Cl	Chlorine	pН	hydrogen-ion activity (acidity or alkalinity)
CV	Calorific value	PHA	polyhydroxyalkanoate
DM	Dry matter	S	Sulfur
GJ	Gigajoules, 10 ³ J	Т	Tonne
ha	Hectares	VS	Volatile solids
К	Potassium		

1.2. The value of wetland ecosystems

Wetlands are important ecosystems, and many are protected at the European level or worldwide [1,22]. They provide diverse important functions and services [23]. Historically, wetlands have been important as sources of food, feed supply, raw materials and medicines for human beings; as habitats for a wide variety of flora and fauna, including endangered species; as valuable freshwater/groundwater reservoirs that improve water quality; as buffer zones for flood control or shoreline and storm protection; for enabling nutrient exchange between alluvial sediments and the atmosphere; as carbon-accumulation pools; as providers of cultural values and recreational options; and for mitigation and adaptation during climate change [2,5,6,23–28].

Over the past century, the area of natural wetlands in the world has decreased considerably due to land-use changes (e.g., melioration, agricultural intensification, the draining of wetlands, etc.) [23,29–35]. Human impact, leading to habitat loss and fragmentation, poses a threat to plant species populations and causes a decline in plant species richness [8,11,16,30,36–39]. This degradation and loss of biological diversity will alter the functioning of ecosystems and their ability to provide society with goods and services [23,40–43]. Therefore, it is important to manage existing wetlands with sustainable methods to maintain and develop these ecosystem services and functions and to restore potential ones with the appropriate and most effective technology [6,14,31,44–49].

Much information is available on the use of grassland biomass for

diverse bioenergy options, but a review and comparison of diverse wetland types and the suitability of their biomass for bio-based products is still lacking. Therefore, the current study primarily aimed to assess and compare the composition and potential of the biomass of diverse boreal wetland types (alluvial/floodplain meadows, coastal meadows, reedbeds and cultivated extracted peatlands) for various bioenergy technologies. The study proposed the following hypotheses: (i) Biomass production differs by wetland type; (ii) the crucial characteristics of wetland biomass for diverse bioenergy conversion ontions

acteristics of wetland biomass for diverse bioenergy conversion options vary by origin and by time of harvest; (iii) the potential for methane production differs by the origin of wetland biomass; and (iv) energy output will depend on the wetland type and on the energy carriers in various conversion methods.

2. Biomass production in wetlands

2.1. Biomass production of diverse wetland and abiotic factors

Wetlands are ecosystems with a very wide range of yields, reaching a maximum of up to about 40 t/ha for swamps and marshes [3,7,50]. Actual biomass production is subject to various abiotic conditions related mainly to geographical latitude parameters and the availability of water and nutrients in the substrate [7,51,52]. It has been demonstrated that the functional traits of common reed (*Phragmites australis*) production vary across the geographic gradient [53] In the boreal zone, the common reed produces up to 10 t/ha [11,54,55], but in warmer

Table 1

Description of different wetlands based on disturbance level (natural, semi-natural and artificial) and their biomass yield (t/ha).

No	Туре	Country	Dominant species	Management	Yield	References
1	Coastal meadow	Estonia	Phragmites australis	Natural, no management	6.5	[11]
2	Tall sedge swamp	Germany	Carex acutiformis,	Natural, no management	6.7	[51]
			Cirsium arvense etc.			
3	Reedbed/swamp	Estonia	Phragmites australis	Natural, no management	8.6	[54]
4	Reedbed/swamp	Sweden	Phragmites australis	Natural, no management	10.0	[55]
5	Floodplain meadow	Estonia	Carex acuta	Natural, no management	11.2	[16]
6	Floodplain meadow	Estonia	Filipendula ulmaria	Natural, no management	12.8	[16]
7	Brackish tidal marsh	USA	Phragmites australis	Natural, no management	18.6	[56]
8	Floodplain meadow	USA	Carex aquatilis,	Natural, previous grazing, live + dead biomass	22.4	[52]
			Carex utriculata etc.			
9	Reedbed/swamp	China	Phragmites australis	Natural, experimental harvest in January	33.4	[57]
10	Floodplain meadow	USA	Carex aquatilis,	Natural, previous grazing, live + dead biomass	43.1	[52]
			Carex utriculata			
11	Reedbed/swamp	Egypt	Phragmites australis	Natural, no management, polluted lake	53.9	[58]
12	Coastal meadow	Estonia	Elytrigia repens,	Semi-natural, grazing	3.1	[11]
			Festuca rubra etc.			
13	Wet meadow	Germany	Holcus lanatus,	Semi-natural, one (in July/August) or two cuts, no fertilisation	4.1	[51]
			Cynosurus cristatus,			
14	Floodplain meadow	Estonia	Phalaris arundinaceae,	Semi-natural, harvest in July, no fertilisation	6.6	[17,18,106]
			Filipendula ulmaria etc.			
15	Floodplain meadow	Estonia	Carex acuta	Semi-natural, harvest in July, no fertilisation	9.4	[16]
16	Floodplain meadow	Estonia	Filipendula ulmaria	Semi-natural, harvest in July, no fertilisation	10.3	[16]
17	Extracted peatland	Estonia	Phalaris arundinaceae	Artificial, cultivated with fertilisation, harvest in October,	7.2	[64]
18	Rewetted peatland	Italy	Phragmites australis	Artificial, restoration, revegetation, former drained agricultural land	49.4	[66]

climates up to more than 50 t/ha can be achieved [56–58], (Table 1). A similar trend can be observed in sedge-dominated floodplain meadows (e.g. [16,52]). In addition to temperature, the local water table and nutrient availability are important parameters in determining biomass production [59–61]. For example, the high yield of water-tolerant plant species growing in river-bank or delta areas typically leads to eutrophication and a consequent accumulation of nutrients.

2.2. Biomass production of various wetland species and types

The production of herbaceous biomass from wetland varies by wetland type and also by the dominant plant species (Table 1). Aboveground biomass production from 2.5 to 3.5 t/ha was observed in alkaline mires dominated by small sedges [62]. In swamps, biomass production was found to vary from 5 to 40 t/ha depending on the dominant species (reed, bulrush or cattail) [7]. In general, the average herbaceous biomass production in wetlands was 12.3 t/ha for cattail (Typha spp.), 17.6 t/ha for common reed (Phragmites spp.), 27.9 t/ha for giant cane (Arundo donax) and 43.0 t/ha for papyrus sedge (Cyperus papyrus) [63]. In Estonian climatic conditions, natural reedbeds dominated by the common reed produced almost 9.0 t/ha [54], (Table 1). This yield was lower than that of Estonian natural floodplain meadows dominated by slender tufted-sedge (Carex acuta) or by meadowsweet (Filipendula ulmaria) (11.2 and 12.8 t/ha [16], respectively). The last two species communities are among the most productive in boreal floodplain meadows. The yield of these floodplain meadows was higher than that from Estonian extracted peatland cultivated with reed canary grass (8.2 t/ha), even though that was the only area in our study that was supplied with additional fertilisers and harvested at the end of the growing season [64]. A similarly low yield of 6-7 t/ha for this species has also been modelled for boreal zone soils with N > 0.6% [65]. In extracted peatlands, the revegetation yield may be controlled by both the water table and by nutrient availability (e.g. [66]), and a more productive species or species communities well adapted to wetland conditions should be considered after restoration in order to increase the biomass yield.

2.3. Management and problems with harvesting

Wetland management regimes may be intensive (e.g., drained peatland for peat excavation, seasonally flooded meliorated polders, drained wet meadows for intensive agriculture, etc.), extensive (e.g., semi-natural coastal or salt marsh grasslands, alluvial/flooded wet meadows, sedge meadows managed extensively by mowing and/or grazing, etc.) or without management (e.g., natural swamps dominated by cattail or common reed, active *Sphagnum* acid bogs, etc.).

Mowing or grazing is a traditional and extensive anthropogenic intervention to keep wetlands open for biodiversity purposes

Table 2

Composition of biomass (%DM) in different wetlands (numbering and references according to Table 1) and functional groups (G – grasses (*Poaceae*); S&R – sedges (*Cyperaceae*) and rushes (*Juncaceae*); L – legumes (*Fabaceae*); OF – other dicotyledonous broad-leaved forbs (data modified from [17,18,86,106]).

[2,3,6,67]. It has been assumed that grazing better supports the conservation value of various semi-natural wet grasslands than does mowing [68], but in some cases grazing has been reported to degrade fen wetlands beyond recovery [69]. Mowing, on the other hand, has been supposed to develop plant species' richness and to create wetland specialist habitats [70,71]. For specific habitat creation, it is sometimes important to organise, in addition to a periodic large-area harvest, a network of small meadow patches to preserve the characteristic plant species [72]. In order to conserve habitat-specific bird species in reedbeds and sedge-dominated meadows, reed cutting and mowing are obligatory, at least in a mosaic pattern [46,73].

In the boreal zone, floodplain meadows typically reach maximum biomass production in July [18], but artificial peatland cultivated by reed canary grass reaches its maximum at the end of the growing season [64]. In practice, wet soil conditions may hamper access by heavy equipment while harvesting, so the management of wet meadows with traditional agri-technology requires extra effort and additional energy input [17,74-76]. In some cases, it is suggested to harvest the biomass of reed canary grass cultivated in extracted peatlands in the following spring in order to eliminate unwanted elements in the biomass and to benefit from the frozen ground (e.g., [77,78]), but this practice may result in a drastic loss of biomass [64,79]. Even a specially constructed harvester (e.g., a redesigned alpine snow-grooming machine) may negatively affect habitat-specific species and soil chemistry in sedgedominated wetlands [62]. Finding a proper harvesting technique is one of the most serious challenges in wetland management, and therefore a holistic approach based on both ecosystem-services provisions and specific harvesting techniques, logistics and infrastructure is required [80-82].

3. Wetland herbaceous biomass characteristics

3.1. Chemical composition of biomass from various wetlands

Many studies have demonstrated that the composition of herbaceous biomass depends upon its origin [83–85]. The main challenge in converting herbaceous biomass to bioenergy is the great variability of its chemical composition [17,86–88]. For instance, lignocellulosic compounds do not easily biodegrade under anaerobic conditions, and therefore a low biogas yield can be expected [89,90]. A high concentration of lignin in biomass (the critical level is 100 g lignin per kg volatile solids) is considered to inhibit its methane potential [89]. Therefore, a large content of easily biodegradable compounds in biomass (e.g., proteins, hemicellulose) is favoured for methane production via anaerobic digestion. It has been shown that the feedstock-specific methane yield of herbaceous biomass correlates to its protein content [91], but, on the other hand, extremely large amounts of protein or N in feedstock may form ammonium, thus inhibiting methane production

<i>Syperaceae</i>) and rushes (<i>Juncaceae</i>); L – legumes (<i>Fabaceae</i>); OF – other dicotyledonous broad-leaved forbs (data modified from [17,18,86,106]).															
Parameters	1	2	3	5	6	12	13	14	15	16	17	G	S&R	L	OF
Cellulose								29.5				32.2	29.7	23.9	23.9
Hemicellulose								22.8				24.7	30.8	12.1	7.4
Lignin								8.9				6.1	5.6	10.2	11.3
Crude protein	9.4	8.1	6.3	10.0	11.9	10.6	8.1	9.5	9.4	10.0	6.0	8.4	9.5	17.1	10.5
Ash		7.9					7.2	6.2				7.0	5.4	5.9	6.5
С	42.3		46.5			42.5		44.7			47.4	44.0	44.8	45.8	45.1
Ν	1.5	1.3	1.0	1.6	1.9	1.7	1.3	1.5	1.5	1.6	0.96	1.3	1.5	2.7	1.7
Р	0.05			0.20	0.25	0.05		0.16	0.20	0.24		0.14	0.12	0.16	0.17
K	1.53	1.59	1.0	1.01	1.31	1.55	0.81	1.5	1.09	1.25		1.05	1.07	0.89	1.40
Ca	0.25	0.76		0.61	1.24	0.30	0.99	0.77	0.65	1.09		0.32	0.60	1.33	1.14
Mg	0.36	0.26		0.24	0.35	0.46	0.45	0.19	0.27	0.32		0.14	0.17	0.34	0.42
Cl		0.74	0.40				0.22	0.14			0.19	0.18	0.13	0.15	0.12
S		0.25	0.20				0.27	0.18			0.17	0.21	0.22	0.18	0.18



Fig. 1. Dynamics of biomass composition in common reed (*Phragmites australis*) collected from floodplain meadow from May 2016 to April 2017.

[92]. In general, the cellulose and hemicellulose content in grasses, sedges and rushes is greater than that in legumes and other forbs, while for lignin and protein content the situation is reversed (Table 2). A similar trend has been observed in other studies [83]. High grass or sedges/rushes content in feedstock has been found to produce a higher sugar content, which is more easily digestible than forbs-rich feedstock, resulting in higher saccharification yields [93]. This assumption was also confirmed for the South American wetland sedge (Schoenoplectus californicus, spp. Totora), which was presumed to be a promising cosubstrate for biogas production [94]. In another study, however, a high ratio of sedges and rushes in biomass was deemed less suitable for biogas production than the biomass from other grasslands [88]. Therefore, the suggestion of any particular functional group as a methane production substrate solely on the basis of its chemical composition is complicated, as the dicotyledonous plant species with a high protein concentration also have higher lignin amounts. The effectiveness of wetland biomass for methane potential is analysed in section 4.2.

If direct combustion is chosen as the energy conversion method, other criteria for substrate quality become important. As a rule, a higher heating value is considered to correlate with a higher C concentration [95], as each extra 1% of mineral ash is assumed to decrease the heating value by 0.2 MJ/kg [96]. Our comparison revealed a high C concentration in the biomass of common reed reedbeds and in reed canary grass from late harvest monoculture (Table 2). Relatively higher ash concentrations (> 7% DM) have been measured in biomasses harvested from wet meadows or tall-sedge swamps. In another study from a floodplain meadow, a somewhat lower ash content in sedges and rushes was detected (5.4% DM). Therefore, it can be assumed that the ash content of a functional group may vary according to particular kinds of wetland-management regime. Increased ash and alkali metal content can both result in slagging, corrosion and fouling of a boiler that is not dedicated to herbaceous biomass burning [97]. In our database, the highest K and Mg concentrations among functional groups were achieved from the group of other forbs. This functional group is probably more common in coastal meadows and floodplain meadows than in reedbeds or wet meadows, causing slight differences in element concentrations by wetland type. The highest Ca concentration among the functional groups was found in legumes, but the small ratio of this group in various wetlands probably veiled its impact, and the greatest concentration of Ca was detected in floodplain meadows dominated by meadowsweet. P concentration in all our investigated functional groups was lower than that in most wetland types. This phenomenon can be explained by local differences in alluvial sediments; P is a common element in waterbodies under eutrophication, and therefore its uptake potential and concentration reflect pollution in the local environment [98–100]. In general, dicotyledonous species had higher concentrations

of alkali metals than monocotyledonous species, and this ratio should be controlled when designing suitable combustion technology for wetland biomass.

One crucial factor in direct combustion is the chemical composition of emission gases. To diminish problems with NO_x and SO_x emissions, N and S concentrations should be less than 6 g/kg-DM and 2 g/kg-DM, respectively [101]. The corrosion of the combustion system by the gases can be prevented if the raw material contains less than 1 g S and Cl per kg-DM. The critical level for N was exceeded in all the biomasses in our database, and that for S and Cl in tall sedge swamps, wet meadows and reedbeds (see Table 2). Again, it is necessary to point out the impact of the study site, as S availability may vary due to the characteristics of the growth substrate (e.g. [102]). Conversely to alkaline metals, Cl and S concentrations are higher in monocotyledonous than in dicotyledonous species, and that pattern should be kept in mind when changing the raw material for a herbaceous biomass boiler to avoid an additional risk of environmental pollution.

3.2. Changes in chemical composition during the vegetation period

Changes in the composition of herbaceous biomass have been reported by various studies [18,51,64,83]. In our study, the seasonal dynamics of organic compounds were demonstrated on the basis of biomass from the common reed collected in a floodplain meadow (composition of biomass was analysed according to [103]); the cellulose and lignin concentrations increased, and the hemicellulose and crude protein concentrations decreased in the course of biomass aging (Fig. 1). At the beginning of the vegetation period, both protein and cellulose concentrations were about 30%, and the hemicellulose and lignin concentrations were about 40% and 3%, respectively. At the end of vegetation period (October), both the protein and hemicellulose concentrations had decreased (to 9.0% and 30%, respectively), while those of cellulose and lignin increased (to 35% and 6%, respectively). During the dormancy period, an additional decline in protein content and an increase in cell wall components was observed. A similar trend during the vegetation period has been reported through grass maturity stages [104].

Harvesting herbaceous biomass at the end of the vegetation period should be considered [18,51] to decrease the content of the minerals crucial in combustion that are mentioned in section 3.1. In the current study about biomass of common reed (chemical characteristics of biomass were analysed based on [103]), the most drastic declines during the vegetation period were observed for K and P (from 4% to $\approx 1\%$ and from 0.55% to 0.15%, respectively) (Fig. 1). Similar negative trends were detected for Ca and Mg. All these elements also continued to decrease in the biomass throughout the dormancy period. In reed canary grass, a decrease in N, Cl and S during biomass aging has been reported, followed by an ash content decrease and a C ratio increase [64].

The calorific value of common reed biomass ranged from about 17.0 MJ/kg to more than 18.0 MJ/kg (calorific value based on ovendried biomass combusted in bomb calorimeter (e2K, Digital Data Systems (Pty) Ltd, South Africa)), with a tendency to increase during biomass aging (Fig. 2). The same pattern of calorific value growth (from 16.7 MJ/kg in summer to 17.2 MJ/kg the following spring) was also detected in reed canary grass biomass [64]. Typical calorific values for perennial energy grasses (*Phalaris arundinacea, Panicum virgatum* and *Miscanthus spp.*) varied from 16.6 to 17.6 MJ/kg, respectively [78].

4. Sustainability for bioenergy purposes

4.1. Wetland energy potential

Traditionally, biomass from wetlands has been used for diverse purposes including food, construction material and fodder [6,105]. Recently, herbaceous biomass has drawn more attention because of its



Fig. 2. Dynamics of chemical elements and experimental calorific value in biomass of common reed (*Phragmites australis*) collected from floodplain meadow from May 2016 to April 2017. Column with horizontal stripes represent potassium, white column phosphorus, column with diagonal stripes calcium and black column magnesium; black cross represents calorific value.

bioenergy potential [86,87,106–111]. The energy potential per area depends mainly on biomass production [87,106,108,109,112,113].

Judging by the dry biomass production (Table 1) and calorific values (18.6 MJ/kg [54] for 1, 3 and 12; 18.4 MJ/kg [106] for 5, 6 and 14-16; 16.9 MJ/kg [64] for 17), the highest energy potential can be achieved from natural wetlands (Fig. 3): floodplain meadows dominated by meadowsweet or tall sedge (Carex acuta) (236 GJ/ha and 206 GJ/ha, respectively), followed by reedbeds and coastal meadows dominated by the common reed (160 GJ/ha and 121 GJ/ha, respectively). Wetland management decreases its energy potential. The highest energy potential among seminatural wetlands can be obtained from floodplain meadows dominated by meadowsweet or tall sedge (190 GJ/ha and 173 GJ/ha, respectively). Boreal floodplain meadows had an average energy potential of around 122 GJ/ha. This value is similar to the energy potential of reed canary grass cultivated in extracted peatlands. According to the literature, the energy potential of the studied wetlands is comparable to the energy yield from various biomass sources (wheat, switchgrass, Miscanthus sp., poplar and willow) [114]. Therefore, these can be good bioenergy sources without additional fertiliser input or a change in land use that diminishes biodiversity. Assuming the energy-conversion efficiency via combustion (to produce heat) to be only 85% [115], we would obtain 104-162 GJ/ ha from floodplain meadows, 136 GJ/ha from reedbeds and 104 GJ/ha from cultivated extracted peatlands. Usually, the energy input for harvesting in paddy fields is assumed to be about 1 GJ ha-1 [116], but according to other authors, grassland management requires a total energy input in the range of 4-10 GJ/ha [117-119]. Even in the case of the highest assumed energy input of 10 GJ/ha for management, we could obtain from 94 to 152 GJ/ha of net heat energy from floodplain meadows, 126 GJ/ha from reedbeds and 94 GJ/ha from cultivated extracted peatlands in the boreal zone.

4.2. Wetland biomass conversion to biofuel

In the current study, the average cumulative methane yield of herbaceous biomass varied across functional groups and over time (Fig. 4). In the first week, higher methane yields were observed in legumes and other forbs groups. Such rapid progress was most likely supported by higher N and P content in the legumes and other forbs. The mineralisation process of both these elements may promote the microbial biomass growth and acetate metabolism that accelerate methane production [86,120,121]. At the end of the experiment, the methane potential was higher in sedges and rushes (0.40 m³ CH₄/kg-VS), followed by grasses (0.32 m³ CH₄/kg-VS), legumes (0.30 m³ CH₄/kg-VS) and other forbs (0.24 m³ CH₄/kg-VS). For total biomass collected

from floodplain meadow, the methane potential was 0.27 m³ CH₄/kg-VS. The higher methane potential from grasses and sedges/rushes than from legumes and other forbs is confirmed by the results of other studies [122,123] The methane potential of various functional groups was in the same range as the methane potential of some grass species (Poa pratensis, Poa abbreviata, Phalaris arundinacea, Phragmites australis) and other forbs (Aegopodium podagraria, Helianthus salicifolius, Matricaria chamomilla, Taraxacum spp.) or energy crops that were harvested in summer [89,123-125]. It was observed that the biogas potential of Phragmites australis depends on the time of harvest [126]. Generally, differences in methane potential are explained by a feedstock's chemical composition and by its varying indigestible fraction of organic fibres or degree of cellulose crystallinity [89,127]. Ouite often, selected pre-treatment techniques that remove the indigestible fraction from the biomass may enhance the digestibility of the biogas substrate and thus increase methane production [123,128].

According to our calculations, 122 GJ/ha can potentially be achieved from floodplain meadows in terms of heat (see section 4.1). If we consider the same biomass production (No 14 in Table 1), achieved methane potential (total biomass in Fig. 4) and assume a CH₄ calorific value of 39.7 MJ/m³, we can produce only 65 GJ/ha, which is almost 50% less through heat production via direct combustion (Fig. 5). For hemp, the ratio between biomass energy yield and methane-produced energy yield has been reported as 47% [129]. According to another study, only 25-30% of energy can be converted to methane in the biomass from various semi-natural areas in Belgium [130]. For the area-specific ethanol energy yield of the same biomass (14 in Table 1), we used the experimental ethanol production ratio of 115.7 g/kg-DM [131] and the calorific value of ethanol of 29.7 MJ/kg. Based on these assumptions, the floodplain energy yield in terms of ethanol was 23 GJ/ ha, or about 20% of that from direct combustion. A much lower energy yield via ethanol production compared to methane production was also achieved from Zea mays and Vicia faba cultivated in the boreal zone [132]. One possible solution for increasing the efficiency of both biogas and ethanol production is pre-treatment of the substrates [128,133]. Without a proper pre-treatment that efficiently destroys (hydrolyses) the cellulose of a herbaceous substrate [134,135], ethanol production from wetland biomass cannot be suggested. On the other hand, its chemical composition may be more profitable for other biorefinery options.

4.3. Biorefinery

The concept of a biorefinery integrates processes and technologies for the resource-efficient use of all lignocellulosic biomass components in order to convert such material into high-value-added products



Fig. 3. Energy potential in different boreal wetlands (numbering according to Table 1) according to disturbance level (gray column - natural; white column - semi-natural; black column - artificial). Energy potential based on calculation of dry biomass yield and calorific value (18.6 MJ/kg [54] for 1, 3 and 12; 18.4 MJ/kg [106] for 5, 6 and14–16; 16.9 MJ/kg [64] for 17).



Fig. 4. Methane yield by different functional groups and total mix biomass from floodplain meadows (data modified from [86,107]).



Fig. 5. Biofuels energy yield (column) and conversion efficiency (cross) in biomass from floodplain meadows. The methane and ethanol yield in total biomass based on Fig. 4 and 115.7 g kg^{-1} DM [110], respectively. CH₄ and C₂H₅OH calorific value were assumed to be 39.7 MJ/m³ and 29.7 MJ/kg, respectively. Conversion efficiency based on ratio of biofuel and potential energy.

[133,136–138]. Biorefining is driven by global environmental challenges and the demands of a future bioeconomy [139-141]. The sustainable production of energy, fuels, organic chemicals and polymers from biomass in an integrated biorefinery approach is required to decrease dependence on fossil resources and address energy and material crises [142-145]. The development of biorefinery systems could promote the efficiency of wetland biomass use and protect the environment (e.g. [87,109,146,147]). Within the arena of biorefinery, bioenergy (bioheat and biopower, gaseous and liquid biofuels) is most probably a high-volume, low-value product, but the conceptual vision of biorefinery embraces much more ambitious plans for diverse bioproducts [139]. One approach involves the depolymerisation of lignocellulosic material to produce eco-friendly biodegradable PHAs that can replace fossil-fuel-based plastic (e.g. [148,149]). Wetland biomass could also replace forest harvesting for paper production [150]. Some wetland plant species have also drawn attention for medicinal production (e.g. Filipendula ulmaria or Carex spp. in [151-154]).

4.4. Socioeconomic impact

The rapid growth and high density of the root systems of typical wetland species have inspired engineers to design specially constructed wetland systems [155]. Such tailor-made constructions may have a broad variety of functions; for example, they could be used to treat the effluent of municipal sewage, to filter runoff from a collection of captive wildfowl, to neutralise the acidic drainage water from mines, to buffer sensitive areas downstream from intensively managed agricultural fields and to protect a drinking water reservoir from the impact of traffic (e.g., [156–158]). According to the constructed wetland's

function, the water would flow on the wetland surface or subsurface [155]. In both cases, the water-tolerant wetland plant species promote treatment processes via direct element uptake and metabolism. Moreover, the roots of these plants mediate oxygen transfer to the rhizosphere and therefore increase the aerobic degradation of organic materials together with an expected nitrification [159]. It has been shown that the concentration of trace metals in the common reed and reed canary grass growing in constructed wetlands did not exceed that in the same species in natural wetlands [157]. Therefore, the biomass from constructed wetlands may also be counted as a potential raw material for bio-based products. Moreover, more intense exploitation of the biomass originating from small-scale, alternative, eco-friendly purification facilities promotes the idea of sustainable development and improves quality of life, supporting the promise of an agroecological lifestyle [63,108].

Another reason to increase wetland area is to restore previously managed peatland areas. Without a good management plan, the top layer in these areas experiences continuous mineralisation due to the decreased water table. The consequent greenhouse gas emission should be avoided through the wet cultivation in peatlands of previously selected potential crops [85,160,161]. Such paludiculture systems, if planted with natural, high-yielding plant species under a reasonable and efficient management plan, would constitute an additional agroecological approach to meet both nature-conservation and bio-economy goals.

4.5. Ecological impact

The importance of wetland restoration is also manifested in largescale natural-habitat conservation programs organised at the local-authority level in response to the demands of local residents [162]. Cypress swamps and wetlands in Palm Beach County, Florida, provide local habitats with protected surface water, ensure groundwater quality and quantity, create conservation greenways and wildlife corridors and provide opportunities for recreation through hiking and bird watching. Through careful planning, these goals can be achieved in cooperation with habitat conservation. Due to seasonal intensive flooding and lack of terrestrial access, floodplain meadows may serve as an excellent refuge for migrating birds and may decrease their damage in farmers' fields [163]. Moreover, being less disturbed than conventional agricultural areas, they promote the nesting of farmland birds, whose nesting period should be considered in wetland biomass harvest plans [164,165]. It has been shown that some bird species are sensitive to changes in the flooding regime [166]. At the same time, it may be necessary to maintain a high-water table in wetlands for some endemic plant species (e.g., Senecio fontanicola [167]), and large-scale drainage can degrade the habitat for characteristic species (e.g., Carex spp. [168]). Continuing habitat fragmentation or destruction may lead to the extinction of wetland specialists (e.g., Swertia perennis [169]). Therefore, a careful inventory of local biodiversity through the seasons should be undertaken before making drastic changes in wetland management plans. A careful approach based on broad-scale background information guarantees an optimal design that serves sustainable development goals.

5. Conclusions

- Biomass production in natural and semi-natural floodplain meadows is higher than in cultivated extracted peatlands in the boreal zone.
- Sedges (Carex spp.), meadowsweet (Filipendula ulmaria) or the common reed (Phragmites australis) should be favoured in wetlands if a high biomass yield is required.
- Summer biomass from wetlands contains minerals unwanted for combustion, but a reasoned choice of harvest time decreases the concentration of these crucial elements.
- The high hemicellulose and low lignin content of sedges and rushes

and their larger proportion in total biomass may enhance methane production.

- The highest theoretical energy potential was achieved from floodplain meadows, followed by reedbeds. Based on various conversion options, we conclude that ca. 50% of theoretical potential was captured in methane, while the ethanol production efficiency was 20%.
- Improved knowledge of wetlands biomass production with sustainable management options is needed to promote the development of other bio-based products to diversify and enhance local bioeconomy.

Acknowledgements

The authors thank Epp Libe for fieldwork of common reed biomass sampling and Mai Olesk for the laboratory analyses in the Laboratory of Plant Biochemistry of the Estonian University of Life Sciences. We thank Eike Eller for providing general remarks and anonymous editor for language correction. We acknowledge Editor-in-Chief Dr. Aoife M. Foley and anonymous reviewers for their useful comments. This work was supported by the Japan Society for the Promotion of Science [grant number 16F16755]; the Estonian Research Council [grant numbers PUT 1463, MOBTB122].

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